

Getting Out Of The Rut Of Life.  
Sunday, February 11<sup>th</sup>, 2018  
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**John 5:1-9-NKJV**

- 1 After this there was a feast of the Jews, and Jesus went up to Jerusalem.
- 2 Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches.
- 3 In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water.
- 4 For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had.
- 5 Now a certain man was there who had an infirmity thirty-eight years.
- 6 When Jesus saw him lying there, and knew that he already had been *in that condition* a long time, He said to him, "Do you want to be made well?"
- 7 The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me."
- 8 Jesus said to him, "Rise, take up your bed and walk."
- 9 And immediately the man was made well, took up his bed, and walked. And that day was the Sabbath.

**1. Take an honest look at where you are.**

**Verse-6 - "Do you want to be made well?"**

**Passion Bible** – 6 When Jesus saw him lying there, he knew that the man had been crippled for a long time. **So Jesus said to him, "Do you truly long to be healed?"**

Being honest with yourself and others is a first step out of a rut.

**James 5:16-CJB**

**Confess to one another therefore your faults (your slips, your false steps, your offenses, your sins)** and pray [also] for one another, **that you may be healed and restored...**

**2. Stop waiting for ideal circumstances.**

**Verse-7 ...The sick man answered Him, "Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me."**

**Passion Bible** – 7 The sick man answered him, "Sir, **there's no way I can get healed**, for I have no one who will lower me into the water when the angel comes. As soon as I try to crawl to the edge of the pool, someone else jumps in ahead of me."

**Hebrew 12:2-AMP**

**2 Looking away [from all that will distract] to Jesus,** Who is the Leader and **the Source of our faith** [giving the first incentive for our belief] and is also its Finisher [bringing it to maturity and perfection]...

**Joshua 3:15-16-GW**

**15-16** (The Jordan overflows all its banks during the harvest season.) When the priests who were carrying the ark came to the edge of the Jordan River and **set foot in the water, the water stopped flowing from upstream.**

**3. Trust Jesus...His Word, immediately.**

**Verse 8 - Jesus said to him, "Rise, take up your bed and walk."**

**Passion Bible** - ... **"Stand up! Pick up your sleeping mat and you will walk!"**  
**9 Immediately he stood up— he was healed!** So he rolled up his mat and walked again!

**Acts 14:8-10-NLT**

**8** While they were at Lystra, Paul and Barnabas came upon a man with crippled feet. He had been that way from birth, so he had never walked.  
**9** He was sitting and **listening as Paul preached.** (Paul) Looking straight at him, **Paul realized he had faith to be healed.**  
**10** So Paul called to him in a loud voice, **"Stand up!"** **And the man jumped to his feet and started walking.**