

## BEING MENTALLY STRONG AND PREPARED FOR ANYTHING.

Sunday, April 5th, 2020  
Pastor Audie D. Clairmont

### 1. A RIGHT MENTAL ATTITUDE IS CREATED BY FAITH/TRUST IN GOD'S WORD.

#### 1Peter 1:13-NKJV

Wherefore ***gird up the loins of your mind, be sober,*** and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;...

**Passion** - *So then, prepare your hearts and minds for action! Stay alert and fix your hope firmly on the marvelous grace that is coming to you.*

**BBE** (Bible Basic English) - *So make your minds ready, and keep on the watch,*

**CJB** - *Therefore, get your minds ready for work, keep yourselves under control,*

**ESV** - *Therefore, preparing your minds for action, and being sober-minded,...*

**NLT** - *So think clearly and exercise self-control....*

**Willpower:** *the faculty by which a person decides on and initiates action: Example: (a battle of wills between children and their parents); control deliberately exerted to do something or to restrain one's own impulses; a deliberate or fixed desire or intention.*

#### Hebrews 4:2-CJB

2 ... for Good News has also been proclaimed to us, just as it was to them. ***But the message they heard didn't do them any good, because those who heard it did not combine it with trust. (faith)***

#### Psalms 1:2-AMP

2 But his delight and desire are in the law of the Lord, and on His law (the precepts, the instructions, the teachings of God) ***he habitually meditates (ponders and studies) by day and by night.*** [Rom. 13:8-10; Gal. 3:1-29; II Tim. 3:16.]

#### Ephesians 6:14-AMP

14 Stand therefore [hold your ground], ***having tightened the belt of truth around your loins,...***

#### 1John 5:4-AMP

4 For whatever is born of God ***is victorious over the world;*** and this is the victory that conquers the world, ***even our faith.***

### 2. WE HAVE TO LEARN TO GET OUR MIND AND HEART INTO AGREEMENT.

#### Romans 12:2-ISV

2 Do not be conformed to this world, ***but continually be transformed by the renewing of your minds*** so that you may be able to determine what God's will is-what is proper, pleasing, and perfect.

#### James 1:3,6-8-AMP

3 Be assured and understand that ***the trial and proving of your faith*** bring out ***endurance and steadfastness and patience.***

6 ***Only it must be in faith that he asks with no wavering*** (no hesitating, no doubting). For the one who wavers (hesitates, doubts) is like the billowing surge out at sea that is blown hither and thither and tossed by the wind.

7 For truly, let not such a person imagine that he will receive anything [*he asks for*] from the Lord,

8 [*For being as he is*] ***a man of two minds*** (hesitating, dubious, irresolute), [*he is*] ***unstable and unreliable and uncertain about everything [he thinks, feels, decides].***

### 3. WE NEED TO LEARN TO APPROACH EVERY SITUATION IN LIFE WITHOUT WORRY OR FEAR.

#### Isaiah 26:3-NKJV

3 ***You will keep him in perfect peace, Whose mind is stayed on You,*** Because he trusts in You.

#### Luke 12:22-NKJV

22 And he said unto his disciples, Therefore I say unto you, ***Take no thought for your life,*** what ye shall eat; neither for the body, what ye shall put on.

#### Deuteronomy 8:18-TNIV

18 But remember the LORD your God, ***for it is he who gives you the ability to produce wealth, and so confirms his covenant,*** which he swore to your ancestors, as it is today.

**CEV** - *Instead, remember that the LORD your God gives you the strength to make a living.*

**Apathy** - "to be come indifferent, having a lack of motivation." Inertia is "inactivity and passiveness."

**Procrastination** - is "to hold back and to put off until later."

**Luke 12:32** says, "Fear not.... It is your father's good pleasure to give you the kingdom."

#### Today's Confession:

"I am mentally strong and prepared for anything that may come at me. I stand on the authority of God's Word, and I expect to win!"

"My mind is renewed by the Word of God. My heart is strong in faith. I will not be moved. God is on my side!"

"I will not worry or fear! God is in control. He knows what I need, and as I seek His kingdom first, He will supply my needs. Fear has no place in my life!"