

Mathew 6:25-34-on screen

The eye here speaks of the outlook of the heart.

A single eye means one that is fixed on the spiritual.

“Evil” suggests a sinful outlook, a double vision.

Matthew 6:34 - KJV- ... Take therefore no thought for the morrow:...

*Thought: merimnaō , mer-im-nah'-o= stems from the verb merizo (divide) and nous (mind). Worry cleaves the mind, splitting thoughts between today and tomorrow. It means: to be troubled; to be anxious; to be fretful; or to be worried about something.*

### 1. WORRY COMES WHEN WE ADD UNECESSARY PRESSURES.

Matthew 6:25(KJV)

25 Therefore I say unto you, Take no thought for your life,...

### 2. WORRY COMES WHEN WE LEAVE GOD OUT OF THE SITUATION.

Philippians 4:6-KJV

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

**Passion Bible:** *Don't be pulled in different directions or worried about a thing.* Be saturated in prayer throughout each day, offering your faith-filled requests before God with overflowing gratitude. Tell him every detail of your life...

careful: *mer-im-nah'-o - to be worried about something.*

Ephesians 6:16- The Scriptures

... above all, having taken up the shield of belief with which you shall have power to quench all the burning arrows of the wicked one.

quench: *To still; to quiet; to repress; as, to quench a passion or emotion.*

Psalms 25:14-TLB

“Friendship with God is reserved for those who reverence [respond to] Him”

2Corinthians 10:5-Message Bible

We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.

Matt 13:22(NIV)

22 The one who received the seed that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful.

### 3. WORRY COMES WHEN WE DIVIDE LIFE INTO THE SECULAR AND THE SACRED.

Luke 12:29-31-GW

"Don't concern yourself about what you will eat or drink, and quit worrying about these things.

30 Everyone in the world is concerned about these things, but your Father knows you need them.

31 Rather, be concerned about his kingdom. Then these things will be provided for you.

Proverbs 3:5-GNB

Trust in the LORD with all your heart. Never rely on what you think you know.

6 Remember the LORD in everything you do, and He will show you the right way.

### 1Peter 5:7- The Scriptures

... casting all your worry upon Him, for He is concerned about you.

### Psalms 55:22-Message Bible

*Pile your troubles on GOD's shoulders-- he'll carry your load, he'll help you out.* He'll never let good people topple into ruin.

CJB- *Unload your burden on Adonai,(the Lord) and He will sustain you.*

**Sustain:** *To support; to keep from sinking in despondence; To support in any condition by aid; to assist or relieve; to support; to sub-sist; as provisions to sustain a family.*

Some ways to stop worry:

a. Pray more.

### Isa 26:3(NKJ)

3 You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

b. Want less.

### Philippians 4:11-13Passion

I'm not telling you this because I'm in need, for I have learned to be satisfied in any circumstance.

I know what it means to lack, and I know what it means to experience overwhelming abundance. For I'm trained in the secret of overcoming all things, whether in fullness or in hunger. And I find that the strength of Christ's explosive power infuses me to conquer every difficulty.

c. Live for today.

### Hebrews 4:16-ESV

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.



**DON'T ALLOW WORRY TO  
CONTROL YOUR LIFE.**

**Sunday, JUNE 6<sup>th</sup>, 2021**

**Pastor Audie Clairmont**