

Stop Wrestling and Start Resting.
Sunday, November 7th, 2021
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Hebrews 4:9-10-KJV

There remaineth therefore a rest to the people of God. For he that is entered into his rest, he also hath ceased from his own works, as God did from his.

Passion - 9 So we conclude that *there is still a full and complete "rest" waiting for believers to experience.*

10 As we enter into God's *faith-rest life we cease from our own works*, just as God *celebrates his finished works and rests in them.*

"rest" - sabbatismos, (*sab-bat-is-mos'*) - refers to the Sabbath day.

Genesis 2:2-3-KJV

"And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day and sanctified it: because that in it he had rested from all his work which God created and made."

Therefore, the Sabbath was a day of *unbroken rest and pause from work.*

Our true Sabbath rest is found in the finished work of Christ (Matt. 11:28–30; Col. 2:16–17; Heb. 3:17–4:9; Rev. 21:25).

"entered" is the Greek word *eiserchomai*. (*ice-er'-khom-ahee*)-
entering into that specific location.

"cease" - Gk. *katapauo* (*kat-ap-ow'-o*) —*gives the idea of someone who has worked hard, but now has sat down, settled down, and has ceased from his labor.*