

strengthen, and support you after you have suffered a little.[g] 11 The dominion[h] belongs to Him forever.[i] Amen.

Ephesians 4:25-32

25 Since you put away lying, Speak the truth, each one to his neighbor,[m] because we are members of one another. 26 Be angry and do not sin.[n] Don't let the sun go down on your anger, 27 and don't give the Devil an opportunity. 28 The thief must no longer steal. Instead, he must do honest work with his own hands, so that he has something to share with anyone in need. 29 No foul language is to come from your mouth, but only what is good for building up someone in need,[o] so that it gives grace to those who hear. 30 And don't grieve God's Holy Spirit. You were sealed by Him[p] for the day of redemption. 31 All bitterness, anger and wrath, shouting and slander must be removed from you, along with all malice. 32 And be kind and compassionate to one another, forgiving one another, just as God also forgave you[q] in Christ.

Spiritual warfare

Ephesians 6:10-20

Christian Warfare

10 Finally, be strengthened by the Lord and by His vast strength. 11 Put on the full armor of God so that you can stand against the tactics[g] of the Devil. 12 For our battle is not against flesh and blood, but against the rulers, against the authorities, against the world powers of this darkness, against the spiritual forces of evil in the heavens. 13 This is why you must take up the full armor of God, so that you may be able to resist in the evil day, and having prepared everything, to take your stand. 14 Stand, therefore,

with truth like a belt around your waist,
righteousness like armor on your chest,
15 and your feet sandaled with readiness
for the gospel of peace.[h]

16 In every situation take the shield of faith,
and with it you will be able to extinguish
all the flaming arrows of the evil one.

17 Take the helmet of salvation,

and the sword of the Spirit,
which is God's word.

18 Pray at all times in the Spirit with every prayer and request, and stay alert in this with all perseverance and intercession for all the saints. 19 Pray also for me, that the message may be given to me when I open my mouth to make known with boldness the mystery of the gospel. 20 For this I am an ambassador in chains. Pray that I might be bold enough in Him to speak as I should.

James 4:1-12

Proud or Humble

4 What is the source of wars and fights among you? Don't they come from the cravings that are at war within you?[a]
2 You desire and do not have. You murder and covet and cannot obtain. You fight and war. You do not have because you do not ask. 3 You ask and don't receive because you ask with wrong motives, so that you may spend it on your evil desires.

4 Adulteresses![b][c] Don't you know that friendship with the world is hostility toward God? So whoever wants to be the world's friend becomes God's enemy. 5 Or do you think

it's without reason the Scripture says that the Spirit who lives in us yearns jealously?[d]

6 But He gives greater grace. Therefore He says:

God resists the proud,
but gives grace to the humble.[e]

7 Therefore, submit to God. But resist the Devil, and he will flee from you. 8 Draw near to God, and He will draw near to you. Cleanse your hands, sinners, and purify your hearts, double-minded people! 9 Be miserable and mourn and weep. Your laughter must change to mourning and your joy to sorrow. 10 Humble yourselves before the Lord, and He will exalt you.

1 Peter 5:8-11

Conclusion

8 Be serious! Be alert! Your adversary the Devil is prowling around like a roaring lion, looking for anyone he can devour. 9 Resist him and be firm in the faith, knowing that the same sufferings are being experienced by your fellow believers throughout the world

10 Now the God of all grace, who called you to His eternal glory in Christ Jesus, will personally[f] restore, establish,