

Psalms 55:22-Passion

So, here's what I've learned through it all: Leave all your cares and anxieties at the feet of the Lord, and measureless grace will strengthen you.

CJB- Unload your burden on Adonai,(the Lord) and He will sustain you.

Sustain: To support; to keep from sinking in despondence; To support in any condition by aid; to assist or relieve; to support; to subsist; as provisions to sustain a family.

3 worry stoppers:

a. Pray more.

Isa 26:3(NKJ)

3 You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You.

b. Want less.

Philippians 4:4 – Phillips

“Delight yourselves in the Lord, yes, find your joy in him at all times”

c. Live for today.

Hebrews 4:16-ESV

Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

DON'T LET WORRY CONTROL YOUR LIFE.

Sunday, August 31st, 2025

Pastor Audie Clairmont

Mathew 6:25-34-Passion

25 “This is why I tell you to never be worried about your life, for all that you need will be provided, such as food, water, clothing—everything your body needs. Isn't there more to your life than a meal? Isn't your body more than clothing?”

26 “Look at all the birds—do you think they worry about their existence? They don't plant or reap or store up food, yet your heavenly Father provides them each with food. Aren't you much more valuable to your Father than they?”

27 So, which one of you by worrying could add anything to your life?”

28 “And why would you worry about your clothing? Look at all the beautiful flowers of the field. They don't work or toil,

29 and yet not even Solomon in all his splendor was robed in beauty more than one of these!

30 So if God has clothed the meadow with hay, which is here for such a short time and then dried up and burned, won't he provide for you the clothes you need—even though you live with such little faith?”

31 “So then, forsake your worries! Why would you say, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’

32 For that is what the unbelievers chase after. Doesn't your heavenly Father already know the things your bodies require?”

33 “So above all, constantly chase after the realm of God's kingdom and the righteousness that proceeds from him. Then all these less important things will be given to you abundantly.

34 Refuse to worry about tomorrow, but deal with each challenge that comes your way, one day at a time. Tomorrow will take care of itself.”

Matthew 6:34 - KJV- ... Take therefore no thought for the morrow: ...

Passion - 34 Refuse to worry about tomorrow, but deal with each challenge that comes your way, one day at a time. Tomorrow will take care of itself.”

Philippians 4:19-AMP

And my God will liberally supply (fill to the full) your every need according to His riches in glory in Christ Jesus.

Thought: *merimnaō*, *mer-im-nah'-o* - stems from the verb *merizo* (divide) and *nous* (mind). ***Worry cleaves the mind, splitting thoughts between today and tomorrow.***

It means: to be troubled; to be anxious; to be fretful; or to be worried about something.

1. WORRY COMES WHEN WE ADD UNECESSARY PRESSURES.

Verse 27 So, which one of you by worrying could add anything to your life?

Matthew 6:25-Passion

25 "This is why I tell you to never be worried about your life. for all that you need will be provided, such as food, water, clothing—everything your body needs. Isn't there more to your life than a meal? Isn't your body more than clothing?"

2. WORRY COMES WHEN WE LEAVE GOD OUT OF THE SITUATION.

Philippians 4:6-Passion

Php 4:6 Don't be pulled in different directions or worried about a thing. Be saturated in prayer throughout each day, offering your faith-filled requests before God with overflowing gratitude. Tell him every detail of your life,

Php 4:7 then God's wonderful peace that transcends human understanding, will make the answers known to you through Jesus Christ.

Php 4:8 So keep your thoughts continually fixed on all that is authentic and real. honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. And fasten your thoughts on every glorious work of God, praising him always.

KJV - Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.

Careful - to be worried about something.

...but in everything by prayer and supplication...

Supplication - the action of asking something earnestly or humbly. When you are supplicating or you are a supplicant, there is only one thing you ask for: mercy. It is often tied to the prayer of intercession.

Zechariah 12:10-NKJV

"And I will pour on the house of David and on the inhabitants of Jerusalem the Spirit of grace and supplication:...

Hebrews 4:16-KJV

"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need"

Ephesians 6:16-NKJV

...above all, taking the shield of faith with which, you will be able to quench all the fiery darts of the wicked one.

quench: To still; to quiet; to repress; as, to quench a passion or emotion.

John 15:15-Passion

I have never called you 'servants,' because a master doesn't confide in his servants, and servants don't always understand what the master is doing. But I call you my most intimate friends, for I reveal to you everything that I've heard from my Father.

2Corinthians 10:5-Message

We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of life shaped by Christ.

Matt 13:22(NIV)

22 The one who received the seed that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful.

3. WORRY COMES WHEN WE DIVIDE LIFE INTO THE SECULAR AND THE SACRED.

Isaiah 63:15-16-GNB

LORD, look upon us from heaven, where you live in your holiness and glory. Where is your great concern for us? Where is your power? Where are your love and compassion? Do not ignore us.

16 You are our Father. Our ancestors Abraham and Jacob do not acknowledge us, but you, LORD, are our father, the one who has always rescued us.

Luke 12:29-31-GW

"Don't concern yourself about what you will eat or drink, and quit worrying about these things.

30 Everyone in the world is concerned about these things, but your Father knows you need them.

31 Rather, be concerned about his kingdom. Then these things will be provided for you.

Proverbs 3:5-GNB

Trust in the LORD with all your heart. Never rely on what you think you know.

6 Remember the LORD in everything you do, and He will show you the right way.

1Peter 5:7- The Scriptures

... casting all your worry upon Him, for He is concerned about you.